

AMENDMENTS TO THE CLAIMS:

Please add Claims 8-10 and amend Claims 1, 2, 5-7 as follows:

5 1. (Currently Amended) A chewing gum consisting essentially of a first substance comprised of gum configured so as to have at least one cavity capable of retaining a liquid or semi-liquid substance as a second substance, wherein at least said ~~second~~first substance has an active ingredient comprising at least two of the following: chromium picolinate; nettles; bee pollen; ginger; mahuang; zinc; a vitamin; a stimulant; ginseng; green tea; guarana; lecithin; gota kola; calcium; golden seal;; a medicinal component, or a metabolic enhancer that increases a user's metabolism in order to achieve a higher caloric burn rate, said active ingredient present in an amount up to 5 grams.

5 2. (Currently Amended) A chewing gum consisting essentially of a first substance comprised of gum configured so as to have at least one cavity capable of retaining a liquid or semi-liquid substance as a second substance, wherein at least said ~~second~~first substance has active ingredients comprising green tea and at least one ingredient selected from the group consisting of chromium picolinate; nettles; bee pollen; ginger; mahuang; zinc, a vitamin, a stimulant; a metabolic enhancer; ginseng; guarana; lecithin; gota kola; calcium; and golden seal, in an amount up to 5 grams.

3. (Original) The chewing gum as set forth in Claim 2, wherein said active ingredients are present in a controlled release formulation.

4. (Original) The chewing gum as set forth in Claim 2, wherein said active ingredients are microencapsulated.

5. (Currently Amended) A chewing gum consisting essentially of a first substance comprised of gum configured so as to have at least one cavity capable of retaining

5 a liquid or semi-liquid substance as a second substance, wherein at least said ~~second~~first substance has active ingredients comprising: (1) a metabolic enhancer that increases a user's metabolism in order to achieve a higher caloric burn rate; and (2) a component selected from the group consisting of chromium picolinate; nettles; bee pollen; ginger; mahuang; zinc; a vitamin; a stimulant; ginseng; green tea; guarana; lecithin; calcium; gota kola; and golden seal, said active ingredients together present in an amount up to 5 grams.

5 6. (Currently Amended) A lozenge consisting essentially of a first substance configured so as to have at least one cavity capable of retaining a liquid or semi-liquid substance as a second substance, wherein at least said second substance has an active ingredient consisting essentially of: (1) a metabolic enhancer that increases a user's metabolism in order to achieve a higher caloric burn rate; and (2) a component selected from the group consisting of chromium picolinate; nettles; bee pollen; ginger; mahuang; zinc; a vitamin; a stimulant; ginseng; green tea; guarana; lecithin; calcium; gota kola; and golden seal, said active ingredient present in an amount up to 5 grams.

5 7. (Currently Amended) A lollipop consisting essentially of a first substance configured so as to have at least one cavity capable of retaining a liquid or semi-liquid substance as a second substance, wherein at least said second substance has an active ingredient consisting essentially of: (1) a metabolic enhancer that increases a user's metabolism in order to achieve a higher caloric burn rate; and (2) a component selected from the group consisting of chromium picolinate; nettles; bee pollen; ginger; mahuang; zinc; a vitamin; a stimulant; ginseng; green tea; guarana; lecithin; calcium; gota kola; and golden seal, said active ingredient present in an amount up to 5 grams.

8. (New) A chewing gum consisting essentially of a first substance comprised of gum configured so as to have at least one cavity capable of retaining a liquid or semi-liquid substance, wherein at least said liquid or semi-liquid substance has an active ingredient

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consisting essentially of calcium in an amount of up to 5 grams.

9. (New) The chewing gum of claim 8 wherein said active ingredient is present in an amount of at least about .05 mg.

10. (New) A chewing gum consisting essentially of a first substance comprised of gum configured so as to have at least one cavity capable of retaining a liquid or semi-liquid substance, wherein at least said liquid or semi-liquid substance has an active ingredient consisting essentially of calcium and at least one of the following: a vitamin, a metabolic enhancer that increases a user's metabolism in order to achieve a higher caloric burn rate, a mineral supplement, guarana, ginseng, green tea, gota kola, golden seal, ginger, bee pollen, a medicinal component, chromium picolinate, nettles, and lecithin, in an amount of up to 5 grams.